

# **THE MARRIAGE COURSE**

**Begins October 3rd  
\$90 per couple  
Limited to 10 couples**

**A seven session course focusing on the two of you! You will be served with a candlelit meal and dessert at a romantic table for two while listening to practical talks that are informative and fun, played on DVD.**

**There is never any group work and you will never be asked to share anything about your relationship with anyone other than your partner.**

The Marriage Course was developed by Nicky and Sila Lee, co-authors of The Marriage Book and The Parenting Book. They have been married for over thirty years, have four children and are on the staff at Holy Trinity Brompton - the London church that started the Alpha course. They started The Marriage Preparation Course in 1985 and The Marriage Course in 1996, and the courses continue to spread with thousands of courses now running around the world. They have spoken to thousands on the subject of marriage and are the co-authors of The Marriage Book which has sold over 52,000 copies since it was published in 2000. They run The Marriage Course three times a year at Holy Trinity Brompton with around 100 couples on each course.



The Marriage Course talks are presented in one of two ways:

- DVD talks featuring Nicky and Sila
- Live talks

The talks are interspersed with filmed clips of couples talking about their experiences of marriage and street interviews from around the world.

Over seven sessions of the course you will discover practical tools to help you:

- understand each other's needs
- communicate more effectively
- grow closer through resolving conflict
- heal the ways you've hurt each other
- recognise how your upbringing affects your relationship
- improve relationships with parents and in-laws
- develop greater sexual intimacy
- discover each other's love languages and much, much more!